

WE ARE BETTER
TOGETHER

The Oxfordshire Mental Health Partnership



omhp.org.uk

The Partnership


The Oxfordshire Mental Health Partnership (OMHP) is the coming together of six award-winning, specialist mental health organisations, which includes, Response, Connection Support, Restore, Oxfordshire Mind, Oxford Health NHS Foundation Trust and Elmore Community Services. The OMHP has received recognition of its successes nationally after receiving the national NHS Parliamentary Award in the Excellence for Mental Health Care category.

Our belief

By working together, we will create better services and provide support that promotes quality of life for people with mental health illness.

We're working towards:

- /// Improved discharge planning
- /// Better access to services
- /// Reducing waiting times
- /// Strengthening communications and information sharing
- /// Better physical health for service users
- /// Integrating Mental Health services and Primary Care
- /// Carers, family and friends feeling supported
- /// Transforming the Mental Health Housing pathway
- /// Reducing Homelessness
- /// Engaging more with diverse communities

A close-up photograph of a young woman with dark, curly hair, smiling and looking upwards and to the right. The background is bright and out of focus. A large, semi-transparent, stylized letter 'A' is overlaid on the image, with the text 'Working in partnership will lead to better patient outcomes.' written in white inside it.

**Working in
partnership
will lead to
better patient
outcomes.**

What we offer

Inpatient Services and Adult Mental Health Team

Oxford Health provides NHS inpatient facilities for those most in need. They also provide Adult Mental Health Teams which are made up of different healthcare professionals with the aim to support individuals within the community.

Supported Housing

Response and Oxfordshire Mind offer different types of housing in Oxfordshire. This includes 24 hour staffed accommodation and transitional accommodation which ranges from housing with staff onsite Monday-Friday to some with just visiting support.

Support in your home

Connection Support and Elmore Community Services provide support to people aiming to be as independent as possible. This can range from linking to other services to supporting to help use local community facilities to practical assistance with budgeting issues.

Recovery Groups

The OMHP offer a variety of groups with different activities to aid wellbeing. The groups provide members with opportunities to learn skills, gain insight into their strengths, and consider positive changes they want to make. Skills include gardening, working in a café and woodwork among others.

Education and Employment

Oxfordshire Recovery College offers courses and workshops on a wide variety of issues around mental health and wellbeing for service users, their friends, family and carers, as well as mental health professionals. Alternatively, if you've been out of education or work for a long time, and want to re-establish the habits that help you to keep well, Restore's Employment Coaching service can help. The Individual Placement and Support Service is unique service which helps service users reach their employment goals. Oxford Health also offer paid employment opportunities for those with lived experience to become a peer support worker.

Physical Health

The Oxfordshire Mental Health Partnership is committed to working with the 'whole person' and treating physical and mental health needs together. Each organisation has its own ways of promoting physical health.

Wellbeing

Oxfordshire Mind have Wellbeing Hubs across Oxfordshire and each offer a space to bring people together who have a shared experience with mental health. They offer over 50 Peer Support groups with each one being different so hopefully there will be one to suit your needs.

Carers, family and friends.

The OMHP understands how important family and friends can be to an individual's recovery. Each organisation within the Partnership aims to include family and friends. We also work closely with Rethink and signpost carers to their excellent support facilities.

BAME Communities Commitment

We need to work with all members of our diverse communities to better understand how to deliver, and co-deliver, services to everyone. Our aim is that everyone who comes into contact with the Oxfordshire Mental Health Partnership experiences real equality and inclusion.

Benefits for Better Mental Health

Get support with applying for the right benefits and appealing decisions.

Information

Oxfordshire Mind runs an information service. We know how important it is to have readily available information when you're looking for support with your mental health.

oxmindguide.org.uk

01865 247788

info@oxfordshiremind.co.uk

Our Partners



A portrait of a middle-aged woman with blonde hair, smiling warmly. She is wearing a white top with large polka dots and a ruffled neckline. The background is a solid blue color with several large, semi-transparent, light blue geometric shapes (triangles and parallelograms) overlaid. The text is positioned in the lower right area of the image.

**Together we
can deliver
more options
that support
recovery.**

Contact

Call Warneford Hospital reception **01865 901000** or find further details at omhp.org.uk

What to do in a crisis

Find out more information at oxfordhealth.nhs.uk/support-advice/what-to-do-in-an-emergency

24/7 Mental Health Helpline

The Oxfordshire Mental Health Helpline can be used to find out when and where to get help and how to access support from mental health professionals for a range of conditions and symptoms including anxiety, low mood, stress, worry, difficulty with relationships, crying often, feeling helpless, confusion, hallucinations or hearing voices.

Adults, children and young people:
Call NHS 111 to reach the Oxfordshire Mental Health Helpline.
All calls are free.

How to access our services

There are multiple ways to access OMHP services. You can self-refer by filling out a Passport Assessment and sending it to the OMHP organisation you wish to refer to. You can also speak to your GP about any mental health concerns you might have, and they can direct you to a suitable service.

Find the Passport Assessment and further information at

OMHP.org.uk/how-to-access-services

Please contact us if you would like the information in another language or a different format

يرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتنسيق مختلف.

আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

若要以其他語言或格式提供這些資訊，請與我們聯繫

Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

Contact us on 01865 901000 or go to omhp.org.uk