

# VISIT BANBURY

## COMMUNITY INTEREST COMPANY

Community | Business | Social action

### **Corona Virus - How Can You Help?**

One of Visit Banbury CIC's roles is to connect people and organisations and over recent weeks since the pandemic took hold we have continued to do this, albeit in the background.

However, we have had several specific requests as to how people and organisations might help and so we have created this information sheet for organisations we have been linking to and signposting resources to in order that things may be able to happen more quickly and efficiently.

We will up issue this on a regular basis and will share some additional project ideas in due course as the current guidelines extend into the Spring and potentially the Summer period.

If you would like to help, the following may be useful to know.

#### **Hospitals related:**

Two different health trusts in Oxfordshire, each with a charity supporting them.

#### **OXFORD HEALTH NHS TRUST**

Our dedicated Oxford Health teams run physical and mental health services at 150 locations from our community hospitals in Witney, Abingdon, Bicester, Didcot, Wallingford and Henley; via district nursing teams; out of hours services and specialist teams, like stroke wards, to minor injuries units and mental health settings for children, teenagers, adults and older people in three counties.

<https://www.oxfordhealth.nhs.uk/>

<https://www.oxfordhealth.charity/appeal/oxford-health-cares>

Community Involvement Manager, Julie Pink [charity@oxfordhealth.nhs.uk](mailto:charity@oxfordhealth.nhs.uk)

We have today (24/3/20) launched a campaign aiming to supply special care packs to our frontline staff, who are giving round-the-clock care to patients during the COVID-19 pandemic. We are calling on organisations, business and the public across our region to help.

It's all hands to the deck during these challenging times and Oxford Health Charity wants to ensure that our hard-pressed teams have all the essentials they need while they are at work, to keep morale and energy levels high and to demonstrate just how much everyone appreciates what they do.

Initiated by Oxford Health Charity – the charitable arm of the NHS Foundation Trust, the campaign aims to set up 100 care hubs which will each have hampers filled with non-perishable items that our teams in Oxfordshire, Buckinghamshire, Wiltshire and beyond, can make use of.

Community Involvement Manager, Julie Pink explained: "It's crucial during these times that our staff have everything at their disposal. That's why these care packages will give them the extra boost to get them through their day or night shift – from teas and coffee to energy bars, soups and more.

"Over the coming weeks our hubs will support staff breaks, reminding our caring teams to stay hydrated and look after themselves."

Businesses, organisations and individuals who would like to help and can provide an extra treat for the care packages, please get in touch by emailing [charity@oxfordhealth.nhs.uk](mailto:charity@oxfordhealth.nhs.uk)

Alternatively, if you can't donate items, you can make a difference by donating via our charity website, contributions will be put towards purchasing hot takeaway food for our 100 teams.

Julie added: "We must stand by our staff at this time and help them to deliver the care we all need. Please help us to reward our heroes, they deserve it."

### **OXFORD UNIVERSITY HOSPITALS NHS FOUNDATION TRUST**

Oxford University Hospitals NHS Foundation Trust, delivering care at the John Radcliffe, Horton General & Churchill hospitals and Nuffield Orthopaedic Centre.

<https://www.ouh.nhs.uk/>

Eleanor Jones - Head of Fundraising, Oxford Hospitals Charity

[Eleanor.Jones@ouh.nhs.uk](mailto:Eleanor.Jones@ouh.nhs.uk)

What our teams are desperately in need of is;

Cereal bars

Energy bars

Bottled water

Individually packaged snack items - biscuits, chocolate, sweets, crisps, popcorn etc

Toiletries - shower gel, toothpaste/toothbrushes

Hand Cream

Vaseline/Moisturiser

Disposable art supplies (crayons, pencils, surprise toy bags)

<https://www.hospitalcharity.co.uk/Appeal/staffsupport>

<https://www.hospitalcharity.co.uk/Pages/Category/horton>

Thank you for coming to this page - it shows you are thinking of the staff working in our hospitals and the patients they are looking after - and that means a lot.

During this unprecedented time, we want to ensure that we are there to support the well-being of all those working so hard to look after our local community. The Coronavirus pandemic means your help is more important than ever.

Oxford Hospitals Charity has always been there for the incredible NHS staff working across the John Radcliffe, Churchill, Horton General Hospital, Nuffield Orthopaedic Centre and Oxford Children's Hospital.

We are already working incredibly hard to go the extra mile for staff and patients here, and any donations you can offer will help us in our work.

Projects large and small to make a difference across our hospitals are being carefully coordinated, quickly implemented - and that is our current priority.

We are making sure that staff working on the frontline are able to access the food and welfare items needed to keep them going. NHS staff staying in hotels - so they are really close by to the hospitals - are being provided with hot meals funded by the charity.

Psychological support is being organised and the charity is ensuring it is ready to provide the additional equipment and support most needed.

Your donations and [fundraising pages](#) will make a real difference, and have never been more needed.

## **Maymessy**

<https://www.facebook.com/maymessycook/>

Anna Richards [anna@kearon.net](mailto:anna@kearon.net)

<https://www.justgiving.com/crowdfunding/nhssnacksoxford>

Maymessy CIC

Maymessy, a community interest company which normally provides wellness activities to disadvantaged young people in Oxfordshire is now honoured to be supporting 75 + critical care Covid 19 staff at the John Radcliffe with snacks over the next 2 months.

Maymessy CIC will buy and deliver snacks to a hotel where the staff are staying once a week. The staff are isolating themselves away from their families and are in desperate need of snacks on the go during their 12-hr shift. The hotel and a nearby restaurant are supplying hot meals when they return.

We are also providing care packages to other departments in Oxfordshire Hospitals. I am looking for financial donations to go towards hand cream and tea and coffee as well as:

- Crisps
- Chocolate
- Energy bars

1 staff member snacks per week £5

1 staff member snacks per month £20

5 staff members for a month £100

Small Easter egg for 75 staff £75

We hope to raise £3,000

All/ Any extra raised will go to fund snacks for other critical staff at JR. I am basing this on 75 staff but know numbers might well increase.

Maymessy CIC is a not for profit organisation which supports disadvantaged groups gain greater wellbeing. We will NOT profit from any of these generous donations. I am working entirely voluntarily on this.

Thank you for all your generous support Anna Richards

## **PPE – 3D Printing of face shields**



**Rob Bailey**  
[@PsychicPsych](#)



If you have a 3D printer & live in the Oxford area (UK) let me know. I am making face-shields for medics testing people for COVID-19. I now have more demand than I can produce. I need help to print more headbands. I can assemble the rest, sterilise them & arrange distribution.

To offer help, contact Rob or Hannah Price via

[CovidPrintOxford@hotmail.com](mailto:CovidPrintOxford@hotmail.com)

Katharine House Hospice are looking for help with PPE <https://www.khh.org.uk/>

And funding...

We expect to miss out on £1,800 in donations every day during the current Coronavirus crisis, which means we face a real challenge to keep our teams working. Please will you support our doctors and nurses & urgently donate today <http://khh.org.uk/donate>



**Providing food, medicines and support to elderly, isolated and vulnerable people**

**Citizens Advice NOSN**

<https://www.canosn.org.uk/appeal/help-us-help-elderly-people-isolated-by-corona-virus-get-vital-food-supplies>

YouTube link – Pat’s overview of the service (sound gets better!) <https://youtu.be/Unt4cBHwtgs?t=531>

## **Free Emergency Food Parcels**

For people who are self-isolating because they are in coronavirus high risk groups and those who have already contracted Covid-19 - who cannot access other support.

Please phone and leave *your name and telephone number*, we will get back to you as soon as we can.

# 0300 30 30 125



## Free Emergency Food Parcels

The Citizens Advice/SOFEA partnership is offering food parcels to those in need in Banbury. We ask that before you contact us please seek out other help first as our parcels are for emergencies only, other support includes:

- Asking a family member or friend to go shopping for you or shopping online.
- Local community groups offering support such as food banks or groups that are offering support to the elderly such as the Banbury Community Fridge.

Our emergency food parcel delivery in Banbury is for people who have no support network or have no access to money and physically cannot leave the house because they are either in a high risk group or are showing symptoms of Coronavirus. If you fall within this category please call **0300 3030 125** and *leave your name and telephone number* and one of our volunteers will phone you back.

One emergency food package will contain enough non-perishable food for one person for a week. Where we can, we are also adding additional supplies such as toiletries and toilet roll.



**SOFEA** <https://www.sofea.uk.com/>

Did you know that it costs £3 to make, send, and cover staff time for every single box we send out!!

For every £3 you can donate, it will ensure we can continue to FEED families and those who are most in need across Oxfordshire and Milton Keynes

In light of the current crisis in relation to the Covid 19 (Coronavirus) and at a time when the most vulnerable members in the Oxfordshire and Milton Keynes Community require extra support, we are planning to distribute 100s of tonnes of food through local communities.

Food boxes will be distributed through our Community Larder Programme, this is a non means tested programme however a large percentage of members are from low income families.

We are aware that many families will be facing financial hardship, as hours will be reduced, many on zero-hour contracts etc. As a result, there may be many who will go without food. We are also aware that many Oxfordshire residents will need to self-isolate, and the availability of food across the county will become increasingly strained.

- 1) With this in mind we are asking for any donations to help us keep this supply of food moving

Money will help us with:

Additional Van Hire / Fuel / Packaging / Cleaning Materials / Additional Staffing

Suspending our Community larder fees to provide Free food to those who need it.

<https://www.justgiving.com/fundraising/sofeacommunitylarder>

- 2) Help, we are in desperate need of bags to make up thousands of fruit and veg backs. This is vital to our emergency food appeal. Can you help? Email [claire@sofea.uk.com](mailto:claire@sofea.uk.com)
- 3) SOS..... We are running out of blue gloves to make food parcels. Please can anyone help? Businesses, catering companies etc.  
We can collect if needed today..... please share

**RVS Oxfordshire – Banbury Cornhill Centre**

<https://www.royalvoluntaryservice.org.uk/service/1468-oxfordshire-hub/events>

Our phone number is 01295 264214 - please leave a message if the number is busy. We are helping people with small, local practical tasks, as well as the national RVS/NHS volunteer recruitment.

**Banbury Mosque** [banburymosque@yahoo.com](mailto:banburymosque@yahoo.com)

Registered charity, delivering isolation packs, linked to the Community Fridge service.



<https://www.facebook.com/Banbury-Community-Fridge-660655304327389/>

**Age UK Oxfordshire**

<https://www.ageuk.org.uk/oxfordshire/about-us/news/coronavirus/>

A poster for Age UK Oxfordshire. The background is a solid purple color. At the top, the word 'NEW' is written in large, white, sans-serif font. Below it, 'TELEPHONE SUPPORT SERVICE' is written in a smaller, orange, sans-serif font, followed by 'FOR OLDER PEOPLE AND CARERS' in white, sans-serif font. On the left side, there is a stylized orange telephone handset icon. To the right of the icon, the text reads: 'A new telephone support service has been launched by Age UK Oxfordshire Oxfordshire and Action for Carers Oxfordshire. Its aim is to offer advice and assistance to older people and carers during the course of the virus, providing a friendly weekly telephone call and an opportunity to troubleshoot any issues you may have.' Below this text, the phone number 'Call 01865 411288' is written in large, bold, orange font. At the bottom, the text says 'Please leave your name and number and we will return your call as soon as possible.' in white font.

**Oxfordshire All In**

<https://twitter.com/oxcountyallin>

<https://www.oxfordshireallin.org/>

Mapping - Supporting - Coordinating – Simplifying

Why? Our mission is simple: to help support a joined-up approach to Covid-19 across the county that is effective, efficient, resilient, and which reaches the most isolated and vulnerable.

How? We are building a sophisticated tool for individuals, volunteer groups, community organisations and public bodies alike in the Oxfordshire response to Covid-19.

<https://www.cherwell.gov.uk/news/article/693/volunteering-in-oxfordshire---you-can-do-your-bit>

## **Cherwell District Council**

<https://www.cherwell.gov.uk/news/article/694/shielding-our-most-vulnerable-residents>

## **Banbury Town Council**

[https://www.banbury.gov.uk/Help\\_and\\_Advice\\_for\\_Vulnerable\\_People\\_30798.aspx](https://www.banbury.gov.uk/Help_and_Advice_for_Vulnerable_People_30798.aspx)

<https://www.banbury.gov.uk/VirDir/CoreContents/News/Display.aspx?id=27464>

## **OCVA**

The umbrella organisation for community and voluntary sector organisations

<https://ocva.org.uk/coronavirus-covid-19-advice-information-and-support-across-oxfordshire-for-voluntary-community-groups/>

## **Volunteering**

<https://oxonvolunteers.org/vk/volunteers/index-covid.htm>

## **Donate Money / Fundraise**

If you have been fortunate to have been left reasonably unscathed by the current crisis and can afford to do so, please think to make a donation to any charity of your liking as all of them have had massive reductions in their ability to generate income and raise funds and many will not survive this pandemic due to very limited cash and reserves to protect them. Contact the ROBIN network for advice if necessary <http://www.robinoxford.org.uk/> or OCVA as above.

OR please donate to the Oxfordshire wide fund that has been launched by the **Oxfordshire Community Foundation** <https://oxfordshire.org/about-us/resilience-fund-overview/> (they are in excess of £750k now)

**One final point – if you have access to technology (PCs / Tablets / Mobile Phones) and PAYG Top Up SIM cards or have contacts in these industries who you think may help by donating them to help some of the most disadvantaged and vulnerable people within our communities (children needing mentoring support, elderly / isolated people, homeless people, low income families and marginalised young people) to access digital services and support, then please email Tim on [visitbanbury@aol.com](mailto:visitbanbury@aol.com) Thanks.**

Help in your own communities – we are always inspired by The Eden Project folks:

<https://www.edenprojectcommunities.com/community-action-response>

## COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

The infographic consists of five vertical panels, each with a different background color and an icon at the top. The panels contain the following text:

- Panel 1 (Teal):** Icon: Heart. Title: **Think of others, consider your actions & be kind**. Text: People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.
- Panel 2 (Pink):** Icon: Telephone handset. Title: **Connect and reach out to your neighbours**. Text: As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.
- Panel 3 (Orange):** Icon: Three hexagons. Title: **Make the most of local online groups**. Text: Keep up to date, share information and be a positive part of your local community conversations.
- Panel 4 (Blue):** Icon: Person silhouette. Title: **Support vulnerable or isolated people**. Text: Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.
- Panel 5 (Green):** Icon: Medical cross. Title: **Share accurate information and advice**. Text: Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.

Logos at the bottom of the infographic include: eden project COMMUNITIES, COMMUNITY FUND (with a hand icon), NEIGHBOURHOOD WATCH, Campaign to End Loneliness (CONNECTIONS IN OLDER AGE), and Nextdoor.

Stay Safe!

Tim Tarby-Donald, Steve Gold, Tanya Collins, Kirsty Leahy & Paddy Patterson

Directors

**VISIT BANBURY**  
COMMUNITY INTEREST COMPANY  
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<https://visitbanbury.wordpress.com/>



If we have helped in any way and you would like to support us in our work, you can either:  
Buy a ticket for the Cherwell Lottery by clicking the logo below



Or you could send a donation directly to us: Visit Banbury Community Interest Company, Starling Bank,  
Account Number 17831133 Sort Code 60-83-71 Thank You.